

Abbreviations: PC – protest committee      RRS – racing rules of sailing      NoR – notice of race  
OA – organising authority      SI – sailing instructions      RC – race committee

### 1. RULES

---

The event will be governed by

- a. the 'rules' as defined in the RRS, including Appendix C.
- b. the rules for Handling Boats (SI appendix C). Class rules will not apply.
- c. any prescriptions of the national authority that will apply will be posted on the official notice board.

### 2. ENTRIES AND ELIGIBILITY

---

- 2.1 Only skippers invited by the OA are eligible for the event. The skippers are listed in SI Appendix A.
- 2.2 To remain eligible the entire crew shall complete registration, pay any entry fee, deposit € 500 for damage and complete crew weighing, all between 16:30 and 20:00 on 17 December unless extended by the OA.
- 2.3 The damage deposit is the limit of liability of each skipper for each incident. In the event that a deduction is made from the deposit, the skipper will be required to restore the deposit to the original value to maintain eligibility.
- 2.4 Each skipper is responsible for the damage or loss to their boat unless responsibility is otherwise assigned by the umpires or PC.
- 2.5 After the warning signal for a match the registered skipper shall not leave the helm, except in an emergency.
- 2.6 When a registered skipper is unable to continue in the event, the OA may authorise an original crew member to substitute.
- 2.7 When a registered crew member is unable to continue in the event, the OA may authorise a substitute, a temporary substitute or other adjustment.

### 3. COMMUNICATIONS WITH COMPETITORS

---

- 3.1 Notices to competitors will be posted on the official notice board located in front of the NOTK secretariat.
- 3.2 Signals made ashore will be displayed from the flag pole in front of the NOTK secretariat.
- 3.3 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 15 minutes' in the race signal AP
- 3.4 Skippers shall attend the first briefing, which will be on 18 December at 9:00 at the NOTK function hall unless excused by the OA.
- 3.5 The first meeting with the umpires will be on 18 December at 9:00 at the NOTK function hall
- 3.6 A daily morning meeting will start at 9:00 at the NOTK function hall
- 3.7 A daily debriefing will start 60 minutes after the last race of each day at the NOTK function hall.



#### **4. AMENDMENTS TO SAILING INSTRUCTIONS**

---

- 4.1 Amendments to the SI made ashore will be posted at least 30 minutes before the start of any race affected and will be signed by the RC and the PC
- 4.2 Amendments made afloat will be signalled by the display of flag 3<sup>rd</sup> substitute with three sound signals. An umpire may communicate these either orally or in writing.

#### **5. BOATS AND SAILS**

---

- 5.1 a. The event will be sailed in Platu 25s.  
b. The sails to be used will be allocated by the RC.  
c. Competitors may be requested to exchange sails during a series to satisfy sponsorship commitments. This will not be grounds for redress. This changes RRS 62.
- 5.2 The sail combination to be used will be signalled from the RC boat with or before the attention signal. The signals will have the following meanings:
- | <u>Signal</u> | <u>Sail Combination to be used</u> |
|---------------|------------------------------------|
| None          | Mainsail, Genoa, Spinnaker         |
| Flag W        | Mainsail, Jib, Spinnaker           |
| Flag X        | Mainsail, Jib, No Spinnaker        |
- 5.3 Other restrictions or instructions may be given to the boats orally by an umpire. Flag 3<sup>rd</sup> substitute is not required.
- 5.4 The RC will decide which boats are to be used for each stage and when they decide a boat should not be used, the skipper assigned that boat will be given the temporary use of another boat.
- 5.5 The RC may permit a substitute boat when it is satisfied that the original boat is damaged and that repairs in the time available are not practical.

#### **6. IDENTIFICATION and ASSIGNMENT OF BOATS**

---

- 6.1 Boats will be identified by numbers on the sails and the bow
- 6.2 Boats will be allocated by the OA for each stage in accordance with a pre-determined draw.
- 6.3 Boats will be exchanged in accordance with the pairing list and race schedule.

#### **7. CREW MEMBERS, NUMBER and WEIGHT**

---

- 7.1 The number of crew (including the skipper) shall be not more than 4, except when all crew are women it shall be not more than 5. All registered crew shall sail all races.
- 7.2 The total weight of the crew, including the skipper, dressed in at least shorts and shirts, shall not exceed 350kg at the time of registration or such time as required by the RC.

#### **8. EVENT FORMAT AND STARTING SCHEDULES**

---

- 8.1 The event format and match pairing lists are detailed in SI Appendix A and B. The matches to be sailed in a flight will be displayed in order of starting on the RC boat.
- 8.2 The racing days are scheduled as 18 to 20 December 2009
- 8.3 The latest time for an attention signal on the last day of racing will be 16:00.
- 8.4 The number of matches to be sailed each day will be determined by the RC.

- 8.5 The RC may terminate any stage or the event when, in its opinion, it is impractical to attempt to hold the remainder of matches under the existing conditions or in the remaining time scheduled. Early stages may be terminated in favour of later stages.
- 8.6 The intended time of the first attention signal each day is 10:30.
- 8.7 Each subsequent flight will be started as soon as practicable after the previous flight.
- 8.8 When a match cannot start at its intended time, the signals and starts of the following matches will remain as originally scheduled, leaving a blank start for the pair not starting. No starting sequence flags will be displayed for a blank start.
- 8.9 When, in a knock out series, a winner of a particular series has been determined, subsequent starts shall be brought forward to eliminate blank starts. Competitors will be so advised verbally by an umpire.

## 9. RACING AREA

---

The racing area will be in front of Marina Delta

## 10. COURSE

---

### 10.1 a. Course Configuration (not to scale)

Mark W    ○

Mark L    ○

Start / Finish Line    ○-----○

- b. Course signals and course to be sailed will be displayed from the RC at or before the warning signal.

<u>Signal</u>	<u>Course</u>
No Signal	Start - W - L - W - Finish
Flag S	Start - W - Finish

Marks W and L shall be rounded to starboard.

- c. Description of Marks

The starboard starting/finishing mark will be a RC boat identified by an orange flag.  
 The port starting/finishing line mark will be a mark with a staff displaying an orange flag.

Marks W and L will be orange inflatable buoys

The replacement marks will be yellow inflatable buoys.

- 10.2 The starting and finishing line will be a straight line between staffs displaying orange flags on the starting/finishing marks

### 10.3 Abandonment and Shortening

- a. RRS 32 is deleted and replaced with: 'After the starting signal the RC may abandon or shorten any match for any reason, after consulting with the match umpires when practical.'
- b. Within a flight, when a visual signal is displayed over a numeral pennant, the signal applies only to that match.

## 11. BREAKDOWN AND TIME FOR REPAIRS

---

- 11.1 Before the attention signal of a flight or within two minutes of finishing or within five minutes of changing into a new boat, whichever is later, a boat may display flag

- L to signal breakdown or damage to the boat, her sails or injury to her crew and request a delay to the next start. She shall proceed as soon as possible to close to leeward of the RC boat and remain there, unless otherwise directed.
- 11.2 The time allowed for repairs will be at the discretion of the RC.
  - 11.3 After the attention signal of a flight, a match will not be postponed or abandoned due to breakdown unless the breakdown signal was displayed as required by SI 11.1.
  - 11.4 Except when RRS 62.1(b) applies, failure to effect repairs in the time allowed, or breakdowns after the attention signal shall not be grounds for redress. This changes RRS 62.

## **12. STARTING PROCEDURE**

---

- 12.1 The next flight number will be displayed on a whiteboard on the RC boat
- 12.2 The attention signal will be displayed 7 minutes before the first starting signal in each flight. This changes RRS C3.1.

## **13. CHANGE OF POSITION OF THE WINDWARD MARK**

---

- 13.1 Changes to the course will be made by setting a replacement mark W.
- 13.2 Change of Course Signals (amends RRS 33 and Race Signals)
  - a. Flag C and a red flag means: 'The windward mark (orange) has been replaced by the replacement mark (yellow)'.
  - b. Flag C without red flag means: 'The windward replacement mark (yellow) has been replaced by the original mark (orange)'.
- 13.3 Signalling vessel
  - a. When a change of course is made for the first leg, the signal will be displayed from the RC boat with the preparatory signal for each match affected. The preparatory signal will be followed by a series of repetitive sound signals.
  - b. When a change of course is signalled after the first leg it will be displayed from a boat in the vicinity of mark L.

## **14. TIME LIMIT**

---

A boat that does not finish within 5 minutes after her opponent has completed the course and finished will be scored DNF. This changes RRS 35 and A5.

## **15. COACH BOATS**

---

- 15.1 Coach boats shall conspicuously display identification of the team being coached.
- 15.2 Any interference of a coach boat with the racing or the event organisation may result in a penalty applied at the discretion of the PC to the associated skipper or team

## **16. MEDIA, IMAGES and SOUND**

---

- 16.1 If required by the OA:
  - a. Television personnel and equipment (or dummies) supplied by the OA shall be carried on board while racing.
  - b. Competitors shall wear microphones supplied by the OA during racing and be available for interviews when advised by the OA or RC.
  - c. Registered skippers shall wear communications equipment supplied by the OA that will allow commentators to communicate with them whilst racing.

- 16.2 Competitors shall not interfere with the normal working of the OA supplied media equipment.
- 16.3 The OA will have the right to use any images and sound recorded during the event free of any charge.

## 17. PRIZES

---

Prizes will be awarded to the first, second and third skippers.

## 18. CODE OF CONDUCT

---

- 18.1 Competitors shall comply with any reasonable request from any official, including attendance at official functions, co-operation with event sponsors and shall not behave so as to bring the event into disrepute.
- 18.2 Competitors shall handle the boats and equipment with proper care and seamanship and in accordance with SI Appendices C and D.
- 18.3 The penalty for breaking this SI is at the discretion of the PC and may include exclusion from further participation in the event or the withholding of deposits.

## 19. DISCLAIMER

---

All those taking any part in the event do so at their own risk. The OA, its associates and appointees accept no responsibility for any loss, damage, injury or inconvenience incurred, howsoever caused.

## OFFICIALS

---

SECRETARIAT: Stavros Bougioukas  
 CHIEF UMPIRE: Jurg Kaufmann, IU/IJ, SUI  
 PRO: Marina Psychogiou, IRO, GRE

# APPENDIX A

# LIST OF ELIGIBLE SKIPPERS

Group	Name	Country	ISAF Ranking
A	THEODOROS TSOULFAS	GRE	266
A	STRATIS ANDREADIS	GRE	812
A	TAKIS MANTIS	GRE	689
A	NONIKA OIKONOMOPOULOU	GRE	1383
A	KOSTAS PRIFTIS	GRE	1353
A	ANDREAS KARALIS	GRE	N/A
B	SOFIA BEKATOROU	GRE	983
B	ZOIS TZOUROPANOS	GRE	635
B	ALEX TAGAROPOULOS	GRE	N/A
B	ATHANASIOS PACHOUMAS	GRE	838
B	JUREK STRZEMIECKI	GRE	1678
B	MICHALIS MILEOS	GRE	N/A

- 1. First Stage - Round Robin**
  - a. Skippers will be divided into 2 groups
  - b. Each group will sail a round robin - each skipper sails each other skipper once.
  - c. The 3 highest scoring skippers from each group will qualify for the next stage.
  
- 2. Second Stage - Round Robin**
  - a. All skippers will sail a Round Robin - each skipper sails each other skipper once.
  - b. The 4 highest scoring skippers will qualify for the semi finals.
  
- 3. Semi-finals**
  - a. The skipper finishing first in the second stage shall select his/her opponent when requested by the RC to do so. The remaining two skippers will race each other.
  - b. The skippers ranked highest in the second stage shall start the first match in yellow, the second match in blue and the third match, if needed, in yellow
  - c. The first skipper to score at least 2 points will proceed to the next stage.
  
- 4. Eleventh/Twelfth Place Ranking Match**
  - a. Skippers ranked sixth on each of the first stage round robins will race each other once.
  - b. The winner will be awarded eleventh place, the other twelfth place.
  
- 5. Ninth/Tenth Place Ranking Match**
  - a. Skippers ranked fifth on each of the first stage round robins will race each other once.
  - b. The winner will be awarded ninth place, the other tenth place.
  
- 6. Seventh/Eighth Place Ranking Match**
  - a. Skippers ranked fourth on each of the first stage round robins will race each other once.
  - b. The winner will be awarded seventh place, the other eighth place.
  
- 7. Fifth/Sixth Place Ranking Match**
  - a. Skippers ranked fifth and sixth on the second stage round robin will race each other once.
  - b. The winner will be awarded fifth place, the other sixth place.
  
- 8. Third/Fourth Place Final**
  - a. Loosing skippers of the semi-finals shall race each other.
  - b. The first skipper to score 2 points will be awarded third place, the other fourth place.
  
- 9. Final**
  - a. Winning skippers of semi-finals will race each other.
  - b. The first skipper to score 2 points will be the winner.

### FLIGHT Stage 1 Round Robins

<b>1</b>	1	PRIFTIS	OIKONOMOPOULOU	2
	4	MANTIS	TSOULFAS	3
<b>2</b>	3	ANDREADIS	KARALIS	1
	4	PRIFTIS	MANTIS	2
<b>3</b>	4	OIKONOMOPOULOU	ANDREADIS	3
	2	TSOULFAS	KARALIS	1
<b>4</b>	2	MANTIS	ANDREADIS	3
	1	KARALIS	OIKONOMOPOULOU	4
<b>5</b>	1	ANDREADIS	TSOULFAS	4
	3	TZOUROPANOS	BEKATOROU	2
<b>6</b>	4	PACHOUMAS	TZOUROPANOS	3
	2	BEKATOROU	MILEOS	1
<b>7</b>	2	TAGAROPOULOS	TZOUROPANOS	3
	1	MILEOS	PACHOUMAS	4
<b>8</b>	3	BEKATOROU	STRZEMIECKI	4
	1	MILEOS	TAGAROPOULOS	2

FLIGHT

<b>9</b>	4	STRZEMIECKI	TZOUROPANOS	1
	2	PACHOUMAS	BEKATOROU	3
<b>10</b>	3	TSOULFAS	PRIFTIS	4
	1	KARALIS	MANTIS	2
<b>11</b>	4	PRIFTIS	ANDREADIS	1
	2	OIKONOMOPOULOU	TSOULFAS	3
<b>12</b>	1	KARALIS	PRIFTIS	4
	2	OIKONOMOPOULOU	MANTIS	3
<b>13</b>	4	STRZEMIECKI	PACHOUMAS	3
	2	TAGAROPOULOS	BEKATOROU	1
<b>14</b>	3	TZOUROPANOS	MILEOS	1
	2	STRZEMIECKI	TAGAROPOULOS	2
<b>15</b>	1	MILEOS	STRZEMIECKI	4
	2	PACHOUMAS	TAGAROPOULOS	3

### Stage 2 Round Robins (8 flights)

<b>16</b>	4	3rd group A	2nd group B	3
	2	2nd group A	1st group A	1
<b>17</b>	3	1st group B	3rd group B	1
	4	3rd group A	2nd group A	2
<b>18</b>	4	2nd group B	1st group B	3
	2	1st group A	3rd group B	1
<b>19</b>	2	2nd group A	1st group B	3
	1	3rd group B	2nd group B	4
<b>20</b>	3	1st group A	3rd group A	4
	1	3rd group b	2nd group A	2
<b>21</b>	4	3rd group A	1st group B	1
	2	2nd group B	1st group A	3
<b>22</b>	1	3rd group	3rd group A	4
	2	2nd group B	2nd group A	3
<b>23</b>	1	1st group B	1st group A	4

### Semi finals

<b>24</b>	1	chosen opponent	1st stage 2	2
	3	lower left	higher left	4
<b>25</b>	1	1st stage 2	chosen opponent	2
	3	higher left	lower left	4
<b>26</b>	2	chosen opponent	1st stage 2	1
	4	lower left	higher left	3

### Ranking matches

<b>27</b>	1	6th group A	6th group B	2
	3	5th group B	5th group A	4
<b>28</b>	1	4th group A	4th group B	2
	3	6th stage 2	5th stage 2	4

### Finals

<b>29</b>	1	W Semi 2	W Semi 1	2
	3	L Semi 1	L Semi 2	4
<b>30</b>	2	W Semi 1	W Semi 2	1
	4	L Semi 2	L Semi 1	3
<b>31</b>	1	W Semi 2	W Semi 1	2
	3	L Semi 1	L Semi 2	4

**1. GENERAL**

While all reasonable steps are taken to equalise the boats, variations will not be grounds for redress. This changes RRS 62.

**2. PROHIBITED ITEMS AND ACTIONS**

Except in an emergency or in order to prevent damage or injury, or when directed by an umpire otherwise, the following are prohibited:

- 2.1 Any additions, omissions or alterations to the equipment supplied.
- 2.2 The use of any equipment for a purpose other than that intended or specifically permitted.
- 2.3 The replacement of any equipment without the sanction of the RC.
- 2.4 Sailing the boat in a manner that it is reasonable to predict that significant further damage would result.
- 2.5 Moving equipment from its normal stowage position except when being used.
- 2.6 Boarding a boat without prior permission.
- 2.7 Taking a boat from its berth or mooring without having paid the required damage deposit or having permission from the RC, or, on race days, while 'AP' is displayed ashore.
- 2.8 Hauling out a boat or cleaning surfaces below the waterline.
- 2.9 Attaching lines to the fabric of spinnakers.
- 2.10 Perforating sails, even to attach tell tales.
- 2.11 Radio transmission (including mobile telephones), except to report damage or in response to a request from the RC.
- 2.12 Adjusting or altering the tension of standing rigging, excluding the backstay.
- 2.13 Using a winch to adjust the mainsheet, backstay or boom vang.
- 2.14 Adjusting lifeline tension.
- 2.15 Cross winching foresail sheets.
- 2.16 Omitting any headsail car or turning block before sheeting onto a winch.
- 2.17 The use of electronic instruments other than a hand-held compass and watches.
- 2.18 Using the spinnaker pole to wing out the foresail.
- 2.19 Marking directly on the hull or deck with permanent ink.
- 2.20 After the starting signal and while sailing close hauled for more than a few seconds, the main boom position shall be controlled only by using the mainsheet as it exits the block on the cockpit floor, and the boom vang.
- 2.21 The use of the shrouds (including any inner shrouds) above the lower bottle screw (turnbuckle) to facilitate tacking or gybing, or to aid the projection of a crew member outboard is prohibited.
- 2.22 A breach of SI C 2.20 or 2.21 are not grounds for protest by boats but are subject to action by Umpires in accordance with RRS C8.2. This changes RRS C6.2 and C8.2.
- 2.23 Altering the purchase of the mainsail sheet (4 rounds)

**3. PERMITTED ITEMS AND ACTIONS**

- 3.1 Taking on board the following equipment:
  - a. basic hand tools
  - b. adhesive tape
  - c. line (elastic or otherwise of 4 mm diameter or less)
  - d. marking pens
  - e. tell tale material
  - f. watch, timers and hand held compass



- g. shackles and clevice pins
  - h. velcro tape
  - i. spare flags
- 3.2 Using the items in 3.1 to:
- a. prevent fouling of lines, sails and sheets
  - b. attach tell tales
  - c. prevent sails being damaged or falling overboard
  - d. mark control settings
  - e. make minor repairs and permitted adjustments
  - f. make signals as per Appendix C6
- 3.3 Fixing a spinnaker sheet catcher at the bow, providing that it does not extend the length of the boat more than 100 mm and does not require any repair after removal

#### 4. MANDATORY ITEMS AND ACTIONS

---

- 4.1 The completion of a written damage report before leaving a boat and submitting it to the RC, even if no damage or loss is recorded. Reports shall include any evidence of matters which could cause damage or disadvantage to the boat in future matches.
- 4.2 At the end of each sailing day:
- a. folding, bagging and placement of the sails as directed
  - b. leaving the boat in the same state of cleanliness as when first boarded that day
  - c. releasing backstay tension
- 4.3 At the end of the final day for a particular boat, cleaning the boat (cabin and decks), removing all trash and removing all tape and marks.
- 4.4 Any request to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes/no answer.
- 4.5 Complying with any regulations, including speed restrictions and navigation marks, while leaving or returning to the berth or mooring.
- 4.6 A breach of items 4.2 and 4.3 will be considered as damage and the cost of rectification will be deducted from the damage deposit.

## APPENDIX D

## EQUIPMENT LIST

The following non-fixed items, provided by the OA, are to be carried on board at all times in their designated place while sailing. Any loss shall be reported on the daily damage report.

#### SAILS AND SAILING EQUIPMENT

---

1 mainsail and set of battens	1 spinnaker pole
1 small headsail	2 spinnaker sheets
1 large headsail	2 headsail sheets
1 spinnaker	1 tiller extension
1 winch handle	2 genoa cars

#### MOORING LINES AND FENDERS

---

The mooring lines and fenders shall remain on the dock

#### SAFETY EQUIPMENT

---

Complete safety equipment inventory

